

Your daily planner

Matthew Sheahan's daily guide to Skandia Cowes Week 2007, incorporating Black Group starts and trophies and Graham Sunderland's tide guides for key times of the day

	Saturday 4 August	Sunday 5 August	Monday 6 August	Tuesday 7 August	Wednesday 8 August	Thursday 9 August	Friday 10 August	Saturday 11 August
LW Portsmouth (BST)/metres	0903/0.8m	0948/1.0m	1040/1.3m	1144/1.6m		1308/1.8m	1434/1.8m	1544/1.6m
HW Portsmouth (BST)/metres	1558/4.6m	1643/4.5m	1735/4.3m	1839/4.1m		0721/3.8m	0855/3.9m	1013/4.1m
Black Group First starts	Queens Cup IRC Class 1					The Britannia Cup IRC Class 1	NYYC Challenge Cup IRC Class 1	Rocking Chair Trophy IRC Class 1
Class 0						1000	1000	
IRC 1	1030	1100	1030	1100		1030	1100	1030
IRC 2	RYS	COMMITTEE BOAT		COMMITTEE BOAT	RYS		COMMITTEE BOAT	RYS
IRC 3								
IRC 4			RYS			RYS		
Multihulls								
IRC 5	1100	1030		1030	1100		1030	1100
J/109	COMMITTEE BOAT				COMMITTEE BOAT			COMMITTEE BOAT
IRC 6								
J-Sprit		RYS						
IRC 7			1100	RYS		1100	RYS	
Sunsail 37			COMMITTEE BOAT			COMMITTEE BOAT		
Contessa 32								
IRC 8	RYS				RYS	COMMITTEE BOAT		
IRC 9								RYS
Clipper 68								
Tide at 1030*								
Tide at 1130*								
Evening	RBlue Eagles Helicopter display Royal Corinthian YC Cocktail Party and Dinner Royal London YC Ball RYS Ball	J109 Class Party Sail 4 Gold Bar 707 Drinks Party The Prospect, Cowes Island Sailing Club Drinks Party Royal London YC Cocktail Party RYS CCC reception	Ellen MacArthur Trust Ball Flying Fifteen BBQ Cowes Corinthian YC Island Sailing Club Members Drinks Party Royal Corinthian YC SB3 Cocktail Party Royal London YC Champagne Party	Royal Corinthian YC Cowes Week Ball Royal Victoria YC Squib Class Dinner		Royal Corinthian YC 707 Class Dinner Royal London YC Annual Dinner RYS RORC Cocktail Party	Royal Corinthian YC Ladies Day Reception Cowes Corinthian YC Flying Fifteen Cocktail Party	Fireworks Display Overall Prizegiving

* Tidal diagrams from Winning Tides' new book, *Solent Racing*. See page 104